IN THE COUNTY COMMISSION OF WOOD COUNTY, WEST VIRGINIA

IN RE: MINUTES OF MEETING HELD THURSDAY, FEBRUARY 8, 2001

PRESENT: ROBERT K. TEBAY, PRESIDENT RICK MODESITT, COMMISSIONER K.D. MERRITT, COMMISSIONER

On this date, the County Commission of Wood County met in regular session. They signed purchase orders, invoices and other correspondence.

The 9:30 A.M. appointment in regard to the guardianship of Amber and Christopher Myers, minors was cancelled. However, Ginny Conley, Prosecuting Attorney did show up. At 10:30 A.M., the county Commission met with Leone Ohnoutka, Gina Taylor, H.R. Scott, Betty Shreve and Sherry Bell from the WVU Extension Office to give an update on their programs. A copy of the report that was handed out is attached to these minutes and shall be made a part thereof.

At 11:00 A.M., the County Commission went to the Blennerhassett Hotel for a presentation for former Governor, Cecil Underwood.

The County Commission of Wood County was in receipt of the Approval of the Request for Revision to Approved Budget from the West Virginia State Auditor, Chief Inspector Division, Charleston, West Virginia, in regard to Revision No. 7 in the General County Fund budget for the fiscal year 2000/2001. Receipt of said Approval is pursuant to an Order appearing in Order Book 64, at Page 407 and bearing the date of January 18, 2001, at which time the Request for Revision was signed by Robert K. Tebay, President of the Wood County Commission. An Order was prepared regarding this matter. The County Commission of Wood County was in receipt of a check in the amount of three hundred sixty-three dollars and thirty-five cents (\$363.35) from the Criminal Justice Services, Charleston, West Virginia, which represents reimbursement to Wood County for expenses incurred during the month of November, 2000 in regard to the Juvenile Accountability Incentive Block Grant Number A-D-017. Receipt of the aforementioned check is pursuant to an Order appearing in Order Book 64, at Page 397 and bearing the date of December 7, 2000, at which time Holmes R. Shaver, in his official capacity as President and on behalf of the County Commission, was AUTHORIZED to EXECUTE the Request for Reimbursement. Documentation pertaining the Juvenile Accountability Incentive Block grant is on file in the Office of the County Administrator. An Order was prepared regarding this matter.

The County Commission of Wood County, upon a motion made by K.D. Merritt, seconded by Rick Modesitt and passed, did hereby AUTHORIZE Robert K. Tebay, in his official capacity as President and on behalf of the County Commission, to EXECUTE the Agreement by and between EMAR Corporation, P.O. Box 1821, Parkersburg, West Virginia, and the County Commission of Wood County, Parkersburg, West Virginia, in regard to the maintenance of the elevator located at the Mid-Ohio Valley Board of Health, 211 Sixth Street, Parkersburg, West Virginia. The extent of the coverage, as stated in the aforementioned Agreement, shall consist of all labor required to make one (1) examination per month of the aforementioned elevator which includes cleaning and lubricating the machine, motor and controller; lubricating bearings, guide rails and tracks; necessary minor adjustments at the time of regular examination; and furnishing necessary lubricants, rope preservations and wiping material. The cost for such service shall be seventy-five dollars and 00/100ths cents (\$75.00) per month and shall be for the period beginning February 8, 2001 and continuing through June 30,

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2001. No changes in or additions to this Agreement shall be recognized unless made in writing and signed by both parties. An Order was prepared regarding this matter.

The County Commission of Wood County, upon a motion made by K.D. Merritt, seconded by Rick Modesitt and made unanimous by Robert K. Tebay, did hereby give APPROVAL to the purchase of a steam cleaner in the approximate amount of one thousand five hundred ninety-five dollars and 00/100ths cents (\$1,595.00) for the Wood County Maintenance Department. An Order was prepared regarding this matter.

The County Commission of Wood County was in receipt of Adjustment Number Four (4) from the Division of Criminal Justice Services, Charleston, West Virginia, in regard to the STOP Violence Against Women Grant Number 99-VAW-014. Receipt of the aforementioned Adjustment Number is pursuant to an ORDER appearing in Order Book 64, at Page 416 and bearing the date of January 29, 2001, at which time the County Commission of Wood County requested that the amount of four thousand dollars and 00/100ths cents (\$4,000.00) of the five thousand dollars and 00/100ths cents (\$5,000.00) allocated, be transferred from the Wood County Sheriff's Department Overtime Fund to the Parkersburg Police Department Overtime Fund. Documentation pertaining to the STOP Violence Against Women Grant is on file in the Office of the County Administrator. An Order was prepared regarding this matter.

Having no further scheduled appointments or business to attend to, the County Commission adjourned at 12:00 Noon.

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Approved:

THE COUNTY COMMISSION OF WOOD COUNTY

Robert K. Tebay, President

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Rick Modesitt, Commissioner

K.D. Merritt, Commissioner

PURCHASE ORDERS APPROVED ON FEBRUARY 8, 2001

26449	Assurance Business Forms	120.60
26455	Tri-State Roofing	767.55
26491	Positive Promotions	519.25
26503	Markl Supply Company	62.00
26525	L.C. Horner Welding	150.00
26527	Wolfe Camper Sales	62.62
26529	Lowe's	58.46
27380	Astorg Motor	346.24
27392	Garrison Brewer	25.30
27396	Wear Guard	750.17
27404	Office Depot	2069.00
27408	Samson Paper	511.16
27424	Centre Business Products	3512.23
27438	NOE Office Equipment	45.00
27444	Broadwaters Motorcar	62.99
27448	Miller Communications	67.00
27470	Parkersburg Office Supply	4.73
27474	Sears Roebuck	30.63
27476	Broadwaters Motorcar	38.15
27482	Parkersburg Printing	910.00

To listen to these meetings, please refer to Tape #61.

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111.101	Date
ne Assessor ofCoun	ty or theCounty Board of Equalization and Review:
	ng described real estate is valued and assessed out of proporttion to its true and actual value on the
int tax roll and request a review of the assessed	valuation before the next period of liability is effective
perty assessed in the name of <u>Full</u> , B	illy A. L. Moris M in TUMAL District
ess of property Failaun Ad A	1 #1 Box 71-10
NO. BLOCK NO. ACRES MAP NO. PA	ARCEL NO. DESCRIPTION TET ISOX 403 × 150 × 403 Faillywin
1.39 191 00	010-0000 Rd (Pt #8 Failown adv.)
	provements \$ <i>9,060</i> Total \$ <i>21, 180</i>
CONSTRUCTION BY COMPLAINANT	
of Land\$	Total purchase price \$
of Construction or contract price \$_	Date Purchase
of Construction\$\$	Cost of added improvements \$
t of added improvements\$_	Face amount of fire insurance carried
e amount of fire insurance carried \$	Offered for sale for \$
red for sale for \$_	Date of Offer
of Offer	Monthly rental received, if rented \$
thly rental received, if rented \$_	Present value in your opinion \$
ent value in your opinion\$_	
Approved for recording by the County Cor	mmission President
	DEAGON AND BASIS FOR COMPLAINT
	REASON AND BASIS FOR COMPLAINT
I do hereby certify tht the above statement	
vledge and ability and that all questions on this p	petition pertaining to the
I do hereby certify tht the above statement vledge and ability and that all questions on this p erty have been answered.	petition pertaining to the Decrease Adjusted Assessed
ledge and ability and that all questions on this p arty have been answered.	Decrease Adjusted Assessed Allowed Valuation
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Extension office /(۱ (

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Report

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WVU Extension Service Wood County Programs

Prepared for

Wood County Extension Service Wood County Commission

Prepared by

Sherry A. Bell Nutrition Associate Betty Shreve Program Assistant Leone Ohnoutka Extension Educator H.R. Scott Extension Agent Gina Taylor Extension Educator

WVU Extenion Service – Wood County Courthouse Room 401 1 Court Squzre Parkersburg, WV 26101 304-424-1960

February 1, 2001

Report

of

Wood County Be Smart. Eat Smart. Nutrition Education Program

Prepared for

Wood County Commission Wood County DHHR Wood County Child Protective Services Wood County FRN Wood County Community Resources Wood County WIC Program Wood County Food Coop Wood County Center for Community Service Agencies

Prepared by

Sherry A. Bell Nutrition Associate Leone Ohnoutka Extension Educator

WVU Extenion Service – Wood County Courthouse Room 401 1 Court Squzre Parkersburg, WV 26101 304-424-1960

December 1, 2000

Be Smart. Eat Smart.

"Be Smart. Eat Smart." Is a nutrition education program that was implemented in January 2000. The first classes in Wood County were taught in March. Within that short time span it has served over 28 families.

"Be Smart. Eat Smart." Targets families with limited resources to teach them better nutrition, food safety, and management of food dollars. This program provides an excellent stepping stone for these families to better their own personal situation. In the short time span the program has been active, the impact it has had on those participating has been phenomenal.

Within the participant group 78% showed improvements by planning their meals in advance. 57% compared food prices more often. 61% shopped with a grocery list. These activities combined caused 52% to run out of food less often. These are skills taught to stretch your food dollars.

The impact a healthier diet has on an individual is a more difficult point to teach. Participants find it hard to change old habits as unhealthy as they maybe. In this area we teach that making small changes at a slow pace will be permanent lifestyle changes. As a result 44% Be Smart. Eat Smart. participants are no longer adding salt as they prepare foods. Also 78% are more often reading the food labels and using it to make healthier choices. A secondary benefit is that 22% of the participants are now giving their children breakfast. Food safety is another issue covered during the program. 76% show an improvement in at least one food safety practice. 48% improved by not allowing meat or dairy products to set out for more than two hours.

More specific to the health needs of WestVirginians is the increased consumption of dairy products. Osteoporosis is a very debilitating and costly disease that is preventable. Osteoporosis, caused from porous bone mass, can be prevented very simply with adequate calcium intake and exercise to strengthen bones. Wood County Be Smart. Eat Smart. Participant group increased their dairy consumption per day at the time of exit. With 8.7% increasing in the two servings per day and 4.3% increasing to 3 or more servings a day.

Obesity is becoming a leading health concern nationwide. The prevention and treatment for obesity is centered on a more balanced diet, with an increase in fruit and vegetable servings. A change of Be Smart. Eat Smart. Participants was evident with an increase of 17.4% in 2 or more servings of fruit a day and an increase of 4.3% in the 3 or more servings per day.

The benefits of the "Be Smart. Eat Smart." Program go far beyond the numbers presented above. One example is of a single mother with 4 children at age 22. She left home at age 15 with no life skills. When she first started the class she was only fixing canned foods. She had no idea where to even start to cook. The idea of a balanced meal was too complicated to even imagine. The first class meeting she came in with her head down, wouldn't answer questions, or participate in the open discussions. With each class she began to open up little by little.

During the 5th class she asked about going back to school. At the next class, she was given information about WVU-P and the financial aid office. She is now scheduled to start back to school in the 2001 spring semester. She is taking 9 hours to start out. The important thing is she is trying to better her life.

This program is more than a nutrition education program. It becomes a self-esteem builder to those who thought they were unable to accomplish even the smallest task. When participants graduate from the program they leave with two things. The first is the knowledge of proper nutrition and its impact for a healthy life. The second is a belief in themselves and their own potential.

BETTY SHREVE Program Assistant

In January of 2000 I began assuming the responsibilities of a program assistant. During this past year my opportunities have been many and varied. I began acting as an advisor, or representative, from the WVU Extension Service to the Wood County 4-H Leaders Association, Teen Leaders, CEOS, and the United Way Agency. In this role I attend meetings of these organizations.

I started new after school 4-H clubs at McKinley, Gihon and Martin. I organized a 4-H Shooting Sports Club and three new community clubs at Rockport, Pumpkin Knob, and Gihon Road. I have been working with the program director at the Boys and Girls Club to bring a 4-H club to their membership. On February 20 we'll have our first meeting and they are anticipating 50 - 80members.

Energy Express took lots of time as we had five sited located throughout the county. I helped assemble a community collaborative, attended mentor selection training at Jackson's Mill, hired five site coordinators and along with them attended training at Camp Virgil Tate. I did publicity to recruit, did reference checks on, and hired 24 mentors. I did one radio show promoting Energy Express and periodically visited the sites and assisted site coordinators.

I was selected to attend State Leadership Training in Morgantown; participated in Camping In Service at Jackson's Mill; attended two computer trainings at WVU-P; and a Facilitator training for Leadership Training in Morgantown. I assisted with a regional State Leadership Training program, attended the WV Youth Conference in Charleston, and participated in a State Extension Conference at Jackson's Mill where I received two state awards and was recognized for 30 years of service to Extension.

I am responsible for camping – informing, promoting, and recruiting participants for; Leaders Camping / Craft Weekend, State Teen Leader / Charting Workshop, State Dance Workshop, Multi County Teen Leader Weekend, Youth Conservation Weekend, State Leaders Weekend, Alpha I, Alpha II, Older Members Conference, Pre 4-H Day Camp, One Night Camp, Older Camp, Younger Camp, and Horse Camp. This past year we had 113 youth and adults attend state camps and 346 attend county camps.

I am responsible for 4-H articles in the monthly newsletter. I was responsible for Camp Staff Training for volunteers and had 54 in attendance. Did camp beautification day planting flowers, cleaned and painted in anticipation of 4-H camp starting. Helped set up and prepare for WV Interstate Fair and Exposition. Hired a year long VISTA. And, participated in United Way promotional events setting up displays at the Parkersburg City Park, Public Debt, Dupont, and St. Jo Hospital.

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During this past year I formed a 4-H promotion committee trying to come up with new and innovative methods of introducing 4-H to more youth. We held an all night lock-in at the Boys and Girls Club where 4-H'ers brought friends not in 4-H. We had over 100 participants and gained some new members. We participated in both Christmas parades, had a multi-county Mall 4-H Enrichment Day; 4-H members did radio spots for all local radio stations; had a 4-H'er on Day Break (WTA); and the County Commission proclaimed it to be National 4-H Club Week. Last week we set up a 4-H display at Old County Buffet and passed out brochures. We're hopeful we can do more of this type of promotion.

During National Club week we traditionally hold two events. The Annual 4-H Leaders Banquet this year had approximately 140 participants and 70 of those leaders were recognized for a combined total of 478 years of service to 4-H. The Achievement Day is a time to recognize 4-H members. In addition to returning project books, scholarships and ribbons, the King, Queen, Prince and Princess for the coming year were named. Project pins and awards were given to 156 4-H members. Twenty-two teen leaders were awarded the Presidential Service Award. This award is given to teen who donate at least 100 volunteer hours. Our 22 teens volunteered a combined total of 6,373 hours.

For the past couple of months I've been working with the Chief Operating Officer for Easter Seals in this region, to include young people with disabilities in the 4-H program. We're hoping this might be a pilot project for Easter Seals and 4-H all over the country. We're still in the early planning stage but are hopeful that we will have new members enrolled and up to five children with disabilities in our horse camp this summer. The big push will be in September / October in conjunction with the beginning of the new 4-H year. We are now in the process of applying for a grant to bring in a recognition person (Christopher Reeves, or a Kennedy / Shriver as a speaker for our kick-off. We are now involving the Wood County school system, and want to include the business community, in this planning.

As I stated in the beginning, my opportunities are many and varied. Even though the programs I'm working with are very traditional and many events are held annually, we are continuously striving "to make the best better".

EXTENSION PROGRAM UPDATE - 2000 Leone Ohnoutka Extension Agent, CEWD County Program Coordinator, Wood County

Tourism

The first step in developing a strategic plan for Wood County Tourism was undertaken. A WVU summer intern was hired to complete a study of tourism businesses in the area. This was my first experience with an intern and unfortunately, it was not as positive as I had anticipated. By the time I realized she did not have the background or experience for the responsibility given to her, the study was behind schedule. As a result, the survey needed to be totally revised, I conducted most of the interviews, and we did not have enough time to interview as many businesses as planned. A preliminary report compiled by the intern was both incomplete and inaccurate. So, along with the study, dissemination of the results is also behind schedule.

With the help of David Hughes, CEWD specialist in entrepreneurship and BR&E, data is currently being analyzed. We plan to the final report at the Appalachian Studies Conference at Snowshoe in March 2001.

Preliminary findings have shown both a need and a request from businesses for training in customer service. As a result, I plan to develop a customer service training program for area businesses. The uniqueness of this program is that it will be presented on location at regular staff meetings.

Finally, in the area of tourism, I am working with Alison Hanham at WVU on developing a First Impressions Program for Tourism. Currently, WVU Extension offers communities a First Impression Program for general economic development.

Entrepreneurship

Opportunities have been explored for programming with small businesses. There seems to be many organizations in Wood County offering small pieces of support to small businesses, but there is not an organized effort by any one organization. I have developed a working relationship with the Center for Community Action Agencies and adult basic education through my small business networking. This has identified a need for programming for individuals entering the workforce. Programming for this audience on writing a resume, filling out applications, and going for the interview is planned in 2001.

Chronic Disease Prevention

Wood County has held 5 diabetic cooking schools reaching 196 diabetics or family members of diabetics. In 2000 be conducted a 6 month follow-up for the fall 1999 classes and held a fall 2000 class. Follow-up evaluations show participants do increase their knowledge and change behavior to making healthy food choices for the diabetic diet as a result of this program. From the response to the classes, it is obvious diabetes education program should continue in Wood County. While minorities were represented in past classes, it is clear that special efforts should be made to bring this program to more ethnic groups within Wood County especially those with high-risk characteristics such as African Americans.

Additionally, I worked with the CEOS Cancer Committee in planning and implementing their Breast Cancer Awareness and Walk for Women events. The Walk is growing each year. In 2000, \$3500 was raised for the Breast and Cervical Cancer Diagnostic and Treatment Fund.

Community Educational Outreach Service

After attending a training on program evaluation, Linda Waybright and I developed a research project to assess the benefit of membership in CEOS. An open invitation to agents responsible for CEOS resulted in this becoming a statewide project. A survey instrument has been developed and is being tested by agents out of state for validity. We are looking for some grant funding to lighten the load on participating counties.

County Program Coordinator

When first appointed as Wood County Program Coordinator January 1, 2000, I was somewhat naïve as to all that was involved with this responsibility. As the year progressed, it became obvious that to be successful as program coordinator, established goals were needed. Three major goals were identified: 1) to reestablish a third faculty position in the center for 4-H Youth and Adult Development; 2) to increase office efficiency in both physical arrangement and office support staff; and 3) maintain a high standard of Extension programming from the Wood County office.

Several successes can be noted. An 11% increase in the Extension Budget from the Wood County Commission made it possible to upgrade support staff positions from secretary and secretary/administrative assistant to administrative assistant and program assistant respectively. Job descriptions and a performance evaluation process were developed along with the upgraded positions.

Other successes included physical reorganization of our office space to create a Be Smart Eat Smart office while maintaining our meeting room, work room, and lunch room; improved communication among staff as a result of regular staff meetings; devised office procedures to manage the workload of the administrative assistant; and successful completion of the hiring process for a third faculty position.

The new office arrangement has made the office more efficient and not only have we kept our meeting space, we developed a separate lunchroom. Additionally, the instigation of regular staff meetings has kept office communication open and conflicts in program coordination to a minimum.

Community Development Society

In addition to serving as co-chair of the CDS Market Research/New Member Recruitment Committee during 1999-2000, I was appointed to a one-year term on the board of directors, beginning July 1, 2000. This brings with it the responsibility of chair of the Market Research/New Member Recruitment Committee. The committee was asked to research dues structures of similar organizations and develop a proposal for a new CDS dues structure for the fall board meeting. This resulted in an increase in dues, which became effective January 1, 2001.

Extension Program Update Gina Taylor, Extension Agent Youth, Family, and Adult Development

Energy Express

- Five sites (Fairplains, Franklin, Jefferson, Martin, McKinley)
- Serve 240 kids with reading assistance and nutritious meals (58% of daily nutrition requirements)
- Feed any child age 18 or younger both meals free at any site regardless of income or affiliation with the site
- Hire five site coordinators
- Hire five volunteer coordinators
- Hire thirty Americorps mentors

Community After-School Program

- Partner with Mary Butcher, VISTA (Volunteer Action Center)
- Involve local Junior High Schools (all but Jackson and Williamstown)
- Enroll in 4-H and provide projects
- Develop and provide training for volunteers
- Develop and provide programs for youth (entrepreneurial endeavors, real-life finances, etc.)
- Babysitting Workshop
 - Available for students 13-18 years old
 - Teach topics such as:
 - Child development
 - Preparing nutritious meals
 - Infant and child CPR
 - Handling emergency situation
 - · Partner with other community-based organizations like American Red Cross, 4-H
 - Will write a grant for funding
- Research
 - Internet Safety Project researching on-line by children and monitoring by parents
 - Partnering with Extension Specialist at West Virginia State College
 - This year:
 - Develop exact research question to examine
 - Conduct a literature review of current information
 - Consider research methods to determine appropriate method
 - Peer Review Instrument for Extension
 - · Contact other land-grant universities to ask for their instruments
 - Work with a committee to compile a list of best-practices based on other universities' review instruments

Research continued...

- Healthy Families Project
 - Cooperating with Wood County Board of Education
 - Conduct research with seventh grade students including measurements of
 - Height
 - Weight
 - Skin fold measurements (percentage of body fat)
 - Blood pressure
 - Finger stick cholesterol test
 - Create family wellness profiles, used to identify problems
 - Create programming on nutrition, cooking, increased physical activity
- Crisis Intervention Center Project
 - Community Service Project for Wood County CEOS
 - Visited shelter with Judy Hogsett
 - Will encourage CEOS members to collect items to give to shelter
- Web Site
 - Develop web site for Wood County Extension Service
 - Include pages and links related to:
 - Program centers (4-HYFAD, CEWD, CANRD)
 - Calendar of events
 - Links to Chamber of Commerce, American Diabetes Foundation, Bird Watchers page, Gardening sites, etc.
 - On-line applications
 - Success stories about 4-H members and accomplishments
 - Photos of our projects in the works

COUNTY COMMISSION REPORT

H.R. Scott Extension Agent Wood County

For the year of 1999-2000 this extension agent has performed the following programs or services.

- Teaching: This extension agent has conducted 23 teaching activities ranging from workshops, short courses, informal teaching to class room instruction. Some of the topics covered were animal nutrition, genetics, record keeping, livestock judging and beef quality assurance training.
- Research: Two areas of research that were done involved the mite infestation survey of honey bees and the Southern Bull and Heifer Evaluation Testing Program.
- Service: This extension agent was involved in 116 service activities during the year. Activities included hosting a Northeast regional Master Gardener conference, state solid waste annual conference, serving on community panels of corporations, local junior youth show and three state livestock events to name a few.

Plans for the 2001-2002 year involve the same areas as listed above. Teaching area has a farmer short course planned and underway, plans for a Master Gardener Training Program, youth training for livestock projects, and environmental programs in conjunction with the Wood County Solid Waste Authority and Division Of Natural Resources. Research program will be the bull and heifer evaluation which is underway at the Jack Crank Farm in Mason County. Service activities will be similar to the ones of the past year plus others that arise as a current need or program emphasis.